

RUN UNDER THE SUN 2023

Siegerliste 5K Jedermannslauf

| Platz | Star | Name | Nat. | Jg. | AK | Verein | Netto | Brutto | A |
|-------------------|------|--------------------------|---|------|-----------------------|-------------------|----------|----------|----|
| 5K Jedermannslauf | | | | | | | | | |
| Männlich | | | | | | | | | |
| 1. | 124 | Brandt, Sebastian |  | 1982 | Senioren M40 | Non-Stop-Ultra | 20:21,86 | 20:21,86 | 1. |
| 2. | 130 | Ebler, David |  | 2007 | männliche Jugend U18 | SVA-Salzbergen | 21:12,63 | 21:12,92 | 1. |
| 3. | 11 | Gausmann, Andre |  | 1987 | Senioren M35 | | 21:23,70 | 21:23,96 | 1. |
| 4. | 129 | Ebler, Lukas |  | 2007 | männliche Jugend U18 | SVA-Salzbergen | 22:21,57 | 22:21,74 | 2. |
| 5. | 127 | Dirkes, Dominik |  | 1989 | Senioren M30 | Frieler Lauftreff | 22:34,86 | 22:35,21 | 1. |
| 6. | 148 | Mahr, Lukas |  | 1998 | Männer | | 23:04,05 | 23:04,16 | 1. |
| 7. | 134 | Grevener, Julijan |  | 2008 | männliche Jugend U16 | | 24:50,40 | 24:51,38 | 1. |
| 8. | 164 | Ziep, Michael |  | 1982 | Senioren M40 | | 25:55,38 | 25:56,42 | 2. |
| 9. | 123 | Born, Raphael |  | 2012 | Kinder (männlich) U12 | Hagener SV | 27:54,63 | 27:55,13 | 1. |
| 10. | 137 | Kampf, Uwe |  | 1970 | Senioren M50 | Hagener SV | 28:11,82 | 28:13,40 | 1. |
| 11. | 136 | Hinrichsen, Jan Erik |  | 2008 | männliche Jugend U16 | Hagener SV | 29:09,09 | 29:09,92 | 2. |
| 12. | 152 | Ossowitzki, Ralf |  | 1966 | Senioren M55 | SC Glandorf | 29:33,81 | 29:35,48 | 1. |
| 13. | 149 | Middelberg, Stefan |  | 1969 | Senioren M50 | Hagener SV | 30:05,91 | 30:07,64 | 2. |
| 14. | 132 | Frommeyer, Ingo |  | 1975 | Senioren M45 | ohne Verein | 34:34,26 | 34:35,84 | 1. |
| 15. | 121 | Berelsmann, Philipp |  | 1995 | Männer | | 41:09,39 | 41:12,20 | 2. |
| 16. | 141 | Kovermann, Marc |  | 1977 | Senioren M45 | Hagener SV | 43:13,41 | 43:18,08 | 2. |
| 17. | 145 | Lürsen, Werner |  | 1942 | Senioren M80 | TV | 49:20,57 | 49:27,17 | 1. |
| 18. | 138 | Kern, Horst |  | 1959 | Senioren M60 | TV | 49:21,57 | 49:27,53 | 1. |
| 19. | 146 | Machner, Wolfgang |  | 1954 | Senioren M65 | TV | 49:22,14 | 49:27,62 | 1. |
| Weiblich | | | | | | | | | |
| 1. | 143 | Kulgemeyer, Carolin |  | 2007 | weibliche Jugend U18 | OTB Osnabrück | 29:20,16 | 29:21,05 | 1. |
| 2. | 135 | Heßmert, Hildegard |  | 1964 | Seniorinnen W55 | | 29:59,19 | 30:01,58 | 1. |
| 3. | 163 | Ziep, Julia |  | 1983 | Seniorinnen W40 | | 31:13,81 | 31:14,93 | 1. |
| 4. | 159 | Steinle, Marie |  | 2001 | weibliche Jugend U23 | | 31:29,01 | 31:30,95 | 1. |
| 5. | 126 | Burg, Birgit |  | 1958 | Seniorinnen W65 | TV | 31:54,45 | 31:56,15 | 1. |
| 6. | 128 | Dransmann, Simone |  | 1963 | Seniorinnen W60 | TV | 35:09,57 | 35:11,18 | 1. |
| 7. | 150 | Middelberg, Sandra |  | 1972 | Seniorinnen W50 | HSV | 35:18,41 | 35:21,44 | 1. |
| 8. | 144 | Kulgemeyer, Martina |  | 1978 | Seniorinnen W45 | Hagener | 35:18,71 | 35:21,47 | 1. |
| 9. | 154 | Reinkemeyer, Lisa-Sophie |  | 2007 | weibliche Jugend U18 | | 41:09,09 | 41:11,15 | 2. |
| 10. | 155 | Reinkemeyer, Anna-Marie |  | 1995 | Frauen | | 41:08,52 | 41:11,36 | 1. |
| 11. | 122 | Bolte, Janina |  | 1993 | Seniorinnen W30 | HSV | 41:11,91 | 41:15,02 | 1. |
| 12. | 167 | Uhlenbrock, Marianne |  | 1951 | Seniorinnen W70 | | 42:29,61 | 42:32,00 | 1. |
| 13. | 153 | Ramos, Leonor |  | 1963 | Seniorinnen W60 | Fun under the Sun | 45:32,01 | 45:33,29 | 2. |
| 14. | 140 | Kleinheider, Leandra |  | 1996 | Frauen | | 46:42,12 | 46:45,47 | 2. |
| 15. | 156 | Schneemann, Carolin |  | 1994 | Frauen | | 46:42,21 | 46:45,56 | 3. |
| 16. | 147 | Machner, Christina |  | 1986 | Seniorinnen W35 | TV | 47:16,11 | 47:21,08 | 1. |
| 17. | 125 | Bücker, Christine |  | 1966 | Seniorinnen W55 | Hagener SV | 49:24,33 | 49:26,93 | 2. |
| 18. | 133 | Frommeyer, Anke |  | 1974 | Seniorinnen W45 | TC-Hagen | 49:23,19 | 49:27,35 | 2. |
| 19. | 142 | Kovermann, Andrea |  | 1980 | Seniorinnen W40 | | 49:23,19 | 49:27,35 | 2. |
| 20. | 166 | Große Wördemann, Karin |  | 1975 | Seniorinnen W45 | | 49:23,67 | 49:27,50 | 3. |
| 21. | 131 | Ehrenbrink, Sandra |  | 1977 | Seniorinnen W45 | Hagener SV | 49:23,52 | 49:27,65 | 4. |
| 22. | 162 | Witte, Anja |  | 1974 | Seniorinnen W45 | Hagener SV | 50:06,87 | 50:11,06 | 5. |
| 23. | 161 | Winter-Albers, Elke |  | 1978 | Seniorinnen W45 | HSV | 50:05,64 | 50:11,18 | 6. |